

Agenda 2016 Healthy Kids, Healthy Future Summit



Our goals for the conference are for attendees to leave with: 1) a shared re-commitment to ECE as a space for childhood obesity prevention, and 2) confidence and clarity related to actions they can/should take related to practice, policy, and/or research within their constituency groups and networks in order to facilitate progress on childhood obesity prevention.

The focus of the Call to Action throughout the conference is a shared recommitment to Early Care and Education (ECE) as a space for childhood obesity prevention and to the specific role that each attendee can play to overcome barriers and facilitate a healthy weight among all children associated with ECE settings.

Key questions to consider throughout the Summit include: 1) What lessons have we learned that can inform future work? 2) What are best next steps in this area? 3) What actions will attendees commit to in this area? 4) How do we spread/scale what works and what concrete steps will be taken?

Please note that unless otherwise specified, all sessions will take place in the Palladian Room.

February 11, 2016		Speakers
1:00 – 2:00 pm	Registration and Networking	
2:00 – 2:45 pm	Welcoming Remarks, Context & Conference Overview	Debbie Chang <i>Nemours Children's Health System</i> Ann O'Connor <i>Centers for Disease Control and Prevention</i> Deirdra Chester <i>US Department of Agriculture</i> Linda Jo Doctor <i>WK Kellogg Foundation</i> Monica Hobbs Vinluan <i>Robert Wood Johnson Foundation</i> Linda Shak <i>The David and Lucile Packard Foundation</i>
2:45 – 3:30 pm	Keynote Address	Deb Eschmeyer <i>Let's Move!</i>
3:30 – 4:30 pm	Opening Plenary: Creating Success from Our Greatest Challenges	Moderator: Allison Gertel-Rosenberg <i>Nemours Children's Health System</i>

		<p>Panelists:</p> <p>Carrie Dooyema <i>Centers for Disease Control and Prevention Spreading and Sustaining Promising Practices</i></p> <p>Claudia Mincemoyer <i>Penn State Better Kid Care Staff Training</i></p> <p>Jonathan Kotch <i>University of North Carolina Technical Assistance</i></p> <p>Sherri Killins <i>BUILD Initiative Equity</i></p>
4:30 – 4:40 pm	Energizer Break	Diane Craft
4:40 – 5:35 pm	Plenary Panel: Spotlight: Federal Strategies for Accelerating Work in the Field & Across ECE Settings	<p>Moderator: Bill Dietz <i>George Washington University</i></p> <p>Panelists:</p> <p>Cindy Long <i>US Department of Agriculture</i></p> <p>Steven Hicks <i>US Department of Education</i></p> <p>Meredith Reynolds <i>Centers for Disease Control and Prevention</i></p> <p>Rachel Schumacher <i>Administration for Children & Families</i></p> <p>Barbara Thompson <i>US Department of Defense</i></p>
5:35 – 5:45 pm	Recap of Day 1	Debbie Chang <i>Nemours Children's Health System</i>
6:00 – 8:00 pm	Reception and Networking (Empire Room)	
February 12, 2016		Speakers
8:00 – 8:30 am	Registration and Continental Breakfast	
8:30 – 8:45 am	Welcome & Recap of Yesterday's Proceedings	Allison Gertel-Rosenberg <i>Nemours Children's Health System</i>
8:45 – 9:45 am	Plenary: Equity and Upstream	Moderator: Jeff Capizzano



	Determinants of Health	<i>The Policy Equity Group</i> Panelists: Renee Wilson-Simmons <i>National Center for Children in Poverty</i> Bill Dietz <i>George Washington University</i>
9:45 – 11:00 am	Hot Topics: Rapid Information Sharing	Facilitator: Megan Lott <i>Healthy Eating Research</i> Speakers: Natasha Frost <i>Public Health Law Center</i> <i>Licensing Study</i> Geri Henchy <i>Food Research and Action Center</i> <i>CACFP</i> Karen Probert <i>Association of State Public Health</i> <i>Nutritionists</i> Nancy Creamer <i>NCSU</i> <i>Food Systems</i>
11:00 – 11:15 am	Transition/Break	
11:15am -12:15pm	Concurrent Breakout Sessions #1 (Workshops A-C)	See descriptions at end of agenda
12:15 – 12:30 pm	Transition/Break	
12:30pm – 1:15 pm	Lunch	Served family style <i>Supported by Kaplan Early Learning</i>
1:15 – 2:15 pm	Concurrent Breakout Sessions #2 (Workshops D-F)	See descriptions at end of agenda
2:15 – 2:30 pm	Transition/Break	
2:30 – 3:30 pm	Report Out from Workshops	Facilitator: Linda Jo Doctor <i>WK Kellogg Foundation</i>
3:30 – 4:45 pm	Commitment to Action: Summary of most promising actions identified during the conference and commitment to actions from participants	
4:45 – 5:00 pm	Closing Remarks	Debbie Chang <i>Nemours Children's Health System</i>

Workshop Descriptions

Workshop A: Opportunities for Childhood Obesity Prevention with the CCDF/CCDBG
Location: Executive Room
Facilitator: Katie Beckmann, Administration for Children & Families
Discussants: Melanie Brizzi, CCDF Administrator, Indiana
Emily Keenum, Virginia Early Childhood Foundation
Session Description: States are exploring many opportunities within the CCDF/CCDBG to incorporate healthy eating and physical activity. This session will explore the process of developing and implementing the block grant (quality and subsidy) from a state perspective) and opportunities for weaving HEPA into a state's plan. The group will explore how to use CCDF quality to support training and technical assistance on HEPA at the provider level. The group will also use state examples to brainstorm ways to work with state child care administrators and their staff to make HEPA part of quality.

Workshop B: Water and Other Healthy Beverages in ECE Settings
Location: Palladian Room
Facilitator: Geri Henchy, FRAC
Discussants: Tracy Fox, Food, Nutrition and Policy Consultants
Katey Halasz, Nemours Children's Health System
Christina Hecht, Nutrition Policy Institute
Session Description: Intake of sugar-sweetened beverages (SSB) is a major contributor of childhood obesity. Although there have been policies to encourage intake of water and other healthy beverages in schools, there have been few similar efforts in the early care and education environments. This session will share water and other healthier beverage recommendations for ECE settings as well as share findings from studies before and after implementation of healthy beverage policies in these settings. Practical lessons learned from implementing water and other healthy beverage standards will also be shared to inspire discussion.

Workshop C: Family Engagement
Location: Cabinet Room
Facilitator: Meredith Morrissette, HRSA
Discussants: Amanda Bryans, Office of Head Start
Carol Byrd-Bredbenner, Rutgers University
Sarah Lee, Ohio Child Care Resource and Referral Association
Session Description: Family engagement is a crucial part of reinforcing healthy child development, learning and success in early childhood. Research has shown that children of involved parents have a much greater chance to develop into healthy, knowledgeable, responsible, and caring adults. While there have been strong examples of family engagement initiatives and strong obesity prevention initiatives in early care and education settings, there are limited examples of large scale success at the intersection of both. This session will engage the panel and participants in discussions of how to leverage lessons learned from Head Start and other pilots currently underway to develop potential next steps and white space that needs to be addressed through policy, practice and research opportunities.

Workshop D: Spreading and Scaling Promising Initiatives
Location: Palladian Room
Facilitator: Meredith Reynolds, CDC
Discussants: Julie Shuell, Nemours Children’s Health System
Helen Dombalis, National Farm to School Network
Jennifer Weber, American Heart Association
Session Description: Initiatives such as the National Early Care and Education Learning Collaboratives, Healthy Way to Grow and Farm to Preschool have all successfully spread and scaled initiatives to multiple states. Representatives of the programs will share how they are embedding their initiatives with other statewide and local initiatives and leveraging other policy and practice levers as part of sustainability planning. Discussion will also include how they are incorporating on the ground TA and training. Lessons learned will create additional discussion opportunities for the group.

Workshop E: Eating Well and Playing Hard in Family Child Care Settings
Location: Executive Room
Facilitator: Jennifer MacDougall, BCBSNC Foundation
Discussants: Nilda Cosco, NCSU Natural Learning Initiative
Christi Smith, Child Care Aware of Kansas
Dianne Ward, Intervention and Policy Division, Dept of Nutrition, Gillings School of Global Public Health, University of North Carolina at Chapel Hill
Session Description: Family child care providers influence the nutrition and physical activity habits of children in their care. By promoting wellness early they can help children avoid obesity-related problems later in life. Family child care providers can achieve this successful end through sustained relationships with coaches and trainers. Session attendees will learn about wellness strategies implemented in family child care settings in multiple states.

Workshop F: Equity Considerations for Healthy Eating and Physical Activity in ECE
Location: Cabinet Room
Facilitator: Carolyn Stevens, Department of Defense
Discussants: Shannon Maynard, Congressional Hunger Center
Florence Rivera, AAP
Elizabeth Solomon, NY City Department of Health and Mental Hygiene
Session Description: How do current nutrition and physical activity practices and policies need to be adjusted to address disparate/minority populations? How can we better train professionals to address vulnerable populations and to conduct authentic community engagement? This session will engage the panel and participants in discussions of how to leverage lessons learned to develop potential next steps and white space that needs to be addressed through policy, practice and research opportunities.