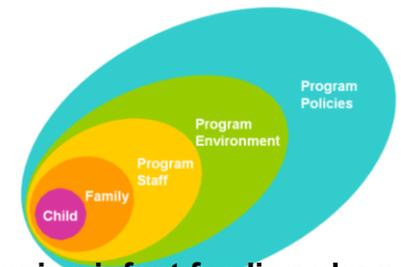


Action Plan Worksheet



Start Date: November

ECE Program Name: ABC Child Care Center

Goal: ABC Children’s Academy will improve the breastfeeding environment in our program by developing infant feeding plans and creating a private breastfeeding space.

Child	Family	Program Staff	Program Environment	Program Policies
<p>Feed infants based on infant feeding plan and using responsive feeding cues (Ongoing beginning November, Teachers and Staff).</p>	<p>Work with families to create individual feeding plans for each infant (Ongoing, beginning November, Teachers).</p> <p>Invite families to attend training on breastfeeding support (Ongoing beginning mid-November, Director and Staff).</p> <p>Identify and gather brochures for community breastfeeding support ie: La Leche League (November, Director).</p> <p>Maintain on-going communication with families regarding infant feeding needs and cues (Ongoing beginning November, Teachers).</p>	<p>Collect sample infant feeding plans and choose a template to use with families (November, Director and Staff)</p> <p>Learn about best practices in breastfeeding support and attend training (Ongoing beginning early November, Director and Staff).</p> <p>Teachers to help set-up the bulletin board for parent information regarding breastfeeding (Ongoing beginning November, Director and Staff).</p> <p>Teachers to display posters and books in classrooms ordered regarding breastfeeding support (Ongoing beginning November, Staff).</p> <p>Staff to help with set-up of private breastfeeding space with new equipment (early December, Director and Staff).</p>	<p>Identify a private, clean, comfortable place for mother’s to breastfeed or express their milk (October, Director).</p> <p>Purchase all equipment needed: refrigerator for storage of breastmilk, bottles/bags, labels, comfortable chair, etc. (end of November, Director).</p> <p>Purchase posters, books, handouts for both children and families regarding breastfeeding support to be displayed in the program (November, Director).</p> <p>Display on parent bulletin board breastfeeding support information (Ongoing beginning November, Director and Staff).</p> <p>Create the nursing room with all items purchased for breastfeeding mothers to use while at the program (early December, Director and Staff).</p>	<p>Research sample breastfeeding support practices in preparation of trainings to staff and families (October, Director).</p> <p>Provide breastfeeding support training for all staff (November, Director).</p> <p>Offer breastfeeding support sessions twice a year for families (Ongoing beginning November, Director and Staff).</p> <p>Apply to the State for becoming a breastfeeding friendly facility (January, Director).</p> <p>Implement program policy on breastfeeding support and include in staff and parent handbooks (January, Director).</p>