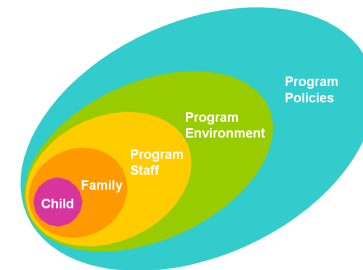


Action Plan Worksheet



Start Date: August

Provider Name:

Goal: Introduce and Implement Family-Style Dining by October

Child	Family	Provider	Environment	Policies
<p>Practice family-style dining techniques and skills during center and free times (Ongoing beginning August)</p> <p>Encourage through activities and books that promote healthy nutrition and family-style dining in the home to continue practicing techniques in preparation for family-style dining (Ongoing beginning September)</p> <p>Encourage through play in developing conversations and language skills, social/emotional skills, and fine/gross motor skills (Ongoing beginning September)</p> <p>Practice set-up/clearing the tables and serve food and beverages at meal times (Ongoing beginning September)</p> <p>Implement family-style dining fully with children (Ongoing beginning October)</p>	<p>Host a family meeting to introduce the benefits of family-style dining (September)</p> <p>Include family-style dining information and benefits in the programs monthly newsletter (Ongoing)</p> <p>Encourage parents to practice family-style dining at home with children (Ongoing beginning September)</p>	<p>Learn about family-style dining and review resources to prepare for family-style dining (Ongoing beginning August)</p>	<p>Add pictures to the bulletin board of children in various stages of pretend play and real play practicing family-style dining techniques (Ongoing beginning August)</p> <p>Post information and tips on family-style dining on the bulletin board (Ongoing beginning August)</p> <p>Purchase family-style dining materials, books, and resources for the home (September)</p> <p>Fully implement family-style dining in the home (Ongoing beginning October)</p>	<p>Research policies on family-style dining (August)</p> <p>Prepare for parent meeting to introduce family-style dining into the program (August)</p> <p>Develop written policy on family-style dining to be included in program policies and family handbook (October)</p>