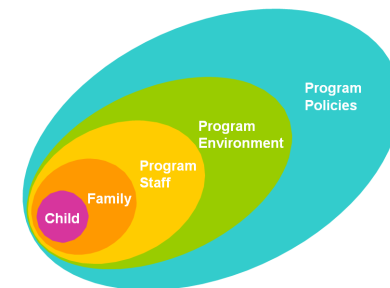


# Action Plan Worksheet



**Start Date:** January

**Provider Name:** ABC Family Child Care

**Goal:** Limit screen time in the program and adopt a new screen time policy.

Child	Family	Provider	Program Environment	Program Policies
<p>Children under 2 years receive no screen time in the classrooms (Ongoing beginning January).</p> <p>Children ages 2 years and older are limited to no more than 30 minutes per week in the program (Ongoing beginning January).</p> <p>Screen time is used for educational or physical activity purposes only in the program (Ongoing beginning February).</p> <p>Screen time is interactive and playful, supports creativity, exploration, pretend play, active and outdoor activities (Ongoing beginning February).</p>	<p>Provide tip sheets to families regarding screen time (February).</p> <p>Create informational bulletin board with tips, suggestions, pictures of alternative activities for children other than screen time (February).</p> <p>Plan a "free screen night" parent/caregiver activity (March).</p> <p>Provide updated parent handbook to parents with new screen time policy (March).</p>	<p>Begin using monthly screen time log to keep track of screen time in each classroom (February).</p> <p>Interactive screen time will be planned ahead. Provider will set learning goals, preview material, and help children to make connections to learning (February).</p>	<p>Remove and store televisions in home out of sight of the children (January).</p> <p>Include cameras, phones, radios, etc. in exploratory centers for children to explore, learn, and enhance fine motor skills (January – February).</p>	<p>Develop a monthly screen time log to keep track of screen time for each classroom (February)</p> <p>Research screen time policies for family child care programs (February).</p> <p>Write screen time policy for the program and include the updates parent handbook (March).</p>